

# ELFSTEDEN ROEIMARATHON



Leeuwarden > 24KM > Dokkum > 26KM > Leeuwarden > 27KM > Sneek > 3KM >  
IJlst > 8KM > Woudsend > 6KM > Sloten > 26KM > Stavoren > 11KM > Hindeloo-  
pen > 9KM > Workum > 11KM > Bolsward > 19KM > Harlingen > 10KM > Franeker >  
29KM > Leeuwarden

# 2018

## 11 & 12 MAY

### 8:00 PM. PRINSENTUIN LEEUWARDEN



## 33ste edition of the elfstedenroeimarathon

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Welcome to the 33th edition of the elfstedenroeimarathon organised by the Leeuwarder rowing club Wetterwille. Annually, 80 to 100 teams from home and abroad participate in this marathon. On Friday night following Ascension Day, the race will start at 8 PM at the Prinsentuin in the city of Leeuwarden.

As in all previous years, the 2017 elfstedenroeimarathon promises to be a fantastic sporting event.

On behalf of the committee of the elfstedenroeimarathon we wish you a successful journey!

Arjan Bosscha  
Caroline Cosijn  
Martin Eenkhoorn  
Anneke Kuiper  
Bram Streefland  
Joyce Visser  
Elke Wagenaar  
Pierre de Wildt

## PROGRAMM ELFSTEDENROEIMARATHON, 11 & 12 MAY 2018

### FRIDAY

13.00 – 16.00	Registration and collecting container and battery
14.00 – 16.00 PM	Inspection of the boats by the jury
18.00 PM	Captains meeting (at boat house)
Starting from 18.30 PM	Rowing to the start in the Prinsentuin
19.55 PM	Speech
20.00 PM	Start in the Prinsentuin
20.20 PM	Departure last team
22.00 – 23.00 PM	Arrival at Dokkum (lighting must be lit!)

### SATURDAY

00.30 – 02.00 AM	Arriva at Leeuwarden
07.30 AM	Closing stamping post in Woudsend
03.45 – 08.00 AM	Service truck in Sloten
08.00 AM	Closing stamping post in Sloten
10.00 AM – 17.00 PM	Service truck present in Harlingen
11.30 AM	Closing stamping post in Stavoren
13.00 PM	Closing stamping post in Hindeloopen
13.30 PM	Price ceremony of the first winners
13.45 PM	Closing stamping post in Workum
15.15 PM	Closing stamping post in Bolsward
15.00 PM	Price ceremony winners of the next categories
16.00 – 20.30 PM	Hot meal for finished rowers at Wetterwille
17.00 PM	Prize ceremony of the winners next categories
17.00 PM	Closing stamping post in Harlingen
18.00 PM	Closing stamping post in Franeker
20.20 PM	Finish closes
21.30 PM	Bar closes at Wetterwille

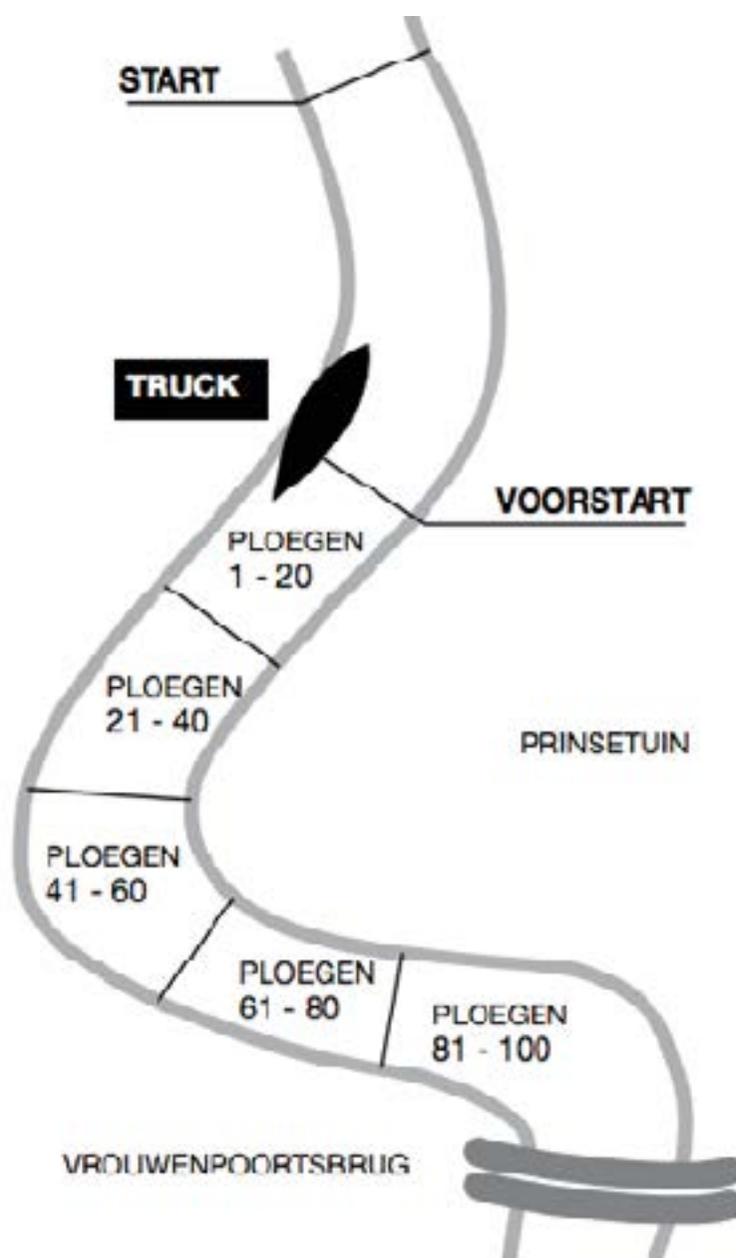
## START PRINSETUIN – NOORDERSINGEL IN LEEUWARDEN

### START

The pre-start takes place in front of the truck and the start boat Gaasterland. Boats are requested to queue up on order of start number and not to go beyond the boat.

### STARTING AREA FOR THE BOATS

The area at the start is divided into sectors (see card). The first team will start at 20:00 pm and every 15 seconds a team will start. Teams that have not started yet are requested to row up to the pre-start location.



## A GOOD PREPARATION IS ..

... half of the work! For the rowers and for the marathon guards, a good physical condition is important to stay alert all the time. Provide adequate food and drink and make sure you change your clothing when they are wet and/or cold. Make sure that you as a team make good arrangements to change rowers (you are not allowed to change rowers anywhere), and practice how to do this the safest way.

As the organization, we provide each team with a container that can be closed waterproof, with sufficient heating blankets, and a card with emergency numbers. At all stamp posts, staff of the Red Cross are present. During the marathon you are required to report to the organisation significant problems or when your team decides to stop the marathon. Please report this to organisation of the ERM at LRV Wetterwille. So, do not hesitate to call! 058 - 2880301

## NOISE DISTURBANCE

Unfortunately, we often get complaints about noise. Many people take a short break during the Ascension weekend. So, after 10 PM it is NOT allowed to make noise! Do not shout to encourage your team and keep the places where rowers are changed clean!

## ROUTE AND CANCELLATION

### **Leeuwarden**

Start Prinsentuin, row up to the saloon boat Gaasterland! Boats can be located between the Vrouwenpoortsbrug and the boat where the start will take place.

### **Dokkum**

In and outgoing teams must maintain starboard side, also when passing the bridges; no overtaking close to and under the bridges. For your own safety, and those of your team, carefully follow the instructions of the officials!

### **Dokkum**

Immediately past the mill after the stamping post (corner bend to the port) there are six cargo boats are moored, two rows thick - at starboard just before the Woudpoortsbrug. Here too, overtaking is forbidden!

### **Zwette**

Be ware of the bridgehead and starboard bridge heads about 200 meters after the Dearsum bridge! Advice: After the bridge at Dearsum, stay at the centre of the river.

### **Sloten**

Don't make noise in connection with the boat residents

### **Luts (after Balk)**

Very narrow, be ware of the timbering on the river bank.

### **Hindeloopen**

Very narrow after the stamping post!

## PLACES YOU ARE NOT ALLOWED TO CHANGE ROWERS

1. Camping De Elder in Bartlehiem
2. Stamping post in Dokkum;
3. On the raft of LRV Wetterwille;
4. On the Zwette at the Boksumerdam and at Oosterwierum (between Leeuwarden and Sneek);
5. Stamping post IJlst;
6. Camping in Hichtum;
7. Berlikumervaart (Berltsumerfeart on and near the Sânwei)
8. Below and just before or after bridges and viaducts.

## AUTOROUTE AND PARKING

### 1. LRV Wetterwille

Follow the instructions of the parking guards. Boats can drive to LRV Wetterwille to unload and then park before the Mazzelshop (next to the Praxis). This terrain is reserved for boat cars. Cars can park elsewhere in the area so listen to the instructions of the parking guards!

NB: The Praxis is open all night on Friday on Saturday. On Saturday the car park is closed at 6 PM.

### 2. The Prinsentuin (Leeuwarden)

The start at the Prinsentuin is hard to reach by car and there is little parking space! So be on time!

### 3. Aldtsjerk (Oudkerk)

Keep bridge and passage free in connection with traffic;

### 4. Weidum

Do NOT drive at the campsite "Weidumerhout" by car;

### 5. Harlingen

Parking is **NOT** possible at the parking lot of the JUMBO supermarket.

## TOILETS ALONG THE ROUTE

### Bring your own toilet paper

Leeuwarden	- Prinsentuin (start)
Klaarkamp	- At the bridge
Dokkum	- Toiletbuilding near the stamp post
Leeuwarden	- At LRV Wetterwille
Weidum	- Camping "Weidumerhout"
Sneek	- Club building RV de Geeuw (this is also the stamping post)
Sloten	- Toilet building at the Port (this is also the stamping post)
Balk	- At the marina
Stavoren	- Toilet building near the marina, ± 100m from the stamp post
Hindeloopen	- Toilet building near the marina
Workum	- Noorderbrug at Tankstation Avia and at the sluice; also mobile toilet at the stamp post
Bolsward	- Toilet building by the bridge near the stamp post
Harlingen	- Mobile toilet at the stamp post
Franeker	- Toilet at Ythúske de Bikker opposite the stamp post
Ried	- Camping

## THE ALTERNATIVE ROUTE

An alternative route may have to be followed in case of poor weather conditions (waves, wind, lightning) at the Slotermeer and/or Morra. The jury determines whether the alternative route is necessary and will communicate this on time if this applies!

### Route directions

Follow the normal route until you get to the stamping point Woudsend; Turn right and turn back towards IJlst, keep port side and continue towards Nijezijl, Oosthem (Bolswarderzeilvaartlaanlaan), Wijmert, Bolsward, Workumertrekvaart, Burevaart, Diepe Dolte (the stamping post Workum is approached from the south). Continue normal route!

## CAMPING

It is not possible to camp on the island (the Froksepolle) opposite LRV Wetterwille. Possibilities in the immediate area are: [www.citycampingleeuwarden.nl](http://www.citycampingleeuwarden.nl), [www.camping-taniaburg.nl](http://www.camping-taniaburg.nl) or [www.campingdekleinewielen.nl](http://www.campingdekleinewielen.nl)

## GPS-TRACKING AND WHAT TO DO WITH ?

This is a wonderful system that tracks teams real time. The organization of the elfstedenroeimarathon has had this system developed by Fertile Media. The organization of the marathon advises users to use the “Toervolger Tracker android – application”. Make sure you have the latest version of the software operating system installed on your smartphone. Use is at your own risk!

Usage of one phone per team is a rule. 48 teams can be equipped with a battery and a watertight container. These are made available by the organisation and are loaned by the users. The remaining GPS tracking participants themselves have to check the power supply. We have NO influence on the coverage / reception of the GSM network along the route. On the route there are some places where coverage is not always good. It may be that a GPS tracker does not do the same. Unfortunately, nothing can be done about this.

If it turns out that a tracker does not work anymore, then act as follows:

- Check if the tracker is still active,
- if not; Turn on the app again and check if the app is on track again.

## EXCLUDING RISK

The organisation cannot guarantee the proper functioning of the tracker. The risk of non-functioning of the phone as a GPS tracker lies with the owner. The operation of the GPS may be affected by the reduced coverage of the mobile network. That is something we can't do anything about. The organization is not liable for damage to the phone in advance, during and after the marathon.

## FOLLOW US!

You can follow us on the social media

- 🐦 elfstedenroeien
- 📘 elfstedenroeien
- 📷 elfstedenroeien

Follow the team online so that home fans are always up to date on the progress of the team during the marathon!

[Click here!](#)

## THANKS TO

Schrijfburo Terwisscha & Wagenaar  
TWonline  
Roeiwerf Wiersma  
Fertile Media  
Salonboot Gaasterland  
Leeuwarder Reddingsbrigade  
Gebroeders Rinkema (reddingsbrigade)  
Chauffeursvereniging Friesland  
Het Nederlandse Rode Kruis, Kring Friesland  
Roeivereniging De Geeuw  
Jachthaven Lemsterpoort  
Ythúske de Bikker, Franeker de ICT-commissie

de Barcommissie LRV Wetterwille én...

all navigators, portmasters and volunteers from inside and outside the rowing club. Without them this event could never be organised!